I know someone in need of support. How do I respond? Who can I talk to?

ask yourself:

Do they need immediate **medical** or **psychiatric** attention?

Do you feel **threatened** or believe that anyone may be in **danger**?

**YES** or **UNSURE**

Trust your gut. Call for help.

Call **RUPD/Rice EMS**: (713) 348-6000 (**24/7**)

If it’s urgent, but not life threatening, call the **Rice Counseling Center**: (713) 348-4867 (**24/7**) AND contact the student’s **College Masters**

If it is not urgent, but their behavior is troubling, you may also contact **Student Judicial Programs (SJP)**: (713) 348-4786

**NO**, but they definitely need help

For support through issues affecting personal or academic goals, including sexual misconduct or other traumas, contact the **Student Wellbeing Office**: (713) 348-3311

For counseling, contact the **Rice Counseling Center**: (713) 348-4867 (**24/7**)

For physical health concerns, contact **Student Health Services**: (713) 348-4966

For general concerns for an undergraduate, contact their **College Masters**

**NO**, but they would like to talk to somebody about...

General academic concerns for undergraduates

**Office of Academic Advising**: (713) 348-4060

For support through issues affecting personal or academic goals, including sexual misconduct or other traumas

**Student Wellbeing Office**: (713) 348-3311

Counseling services

**Rice Counseling Center**: (713) 348-4867

Physical health concerns

**Student Health Services**: (713) 348-4966

Accommodations for a disability

**Disability Support Services**: (713) 348-5841

General support for undergraduates

Their **College Master** or **Dean of Undergraduates**: (713) 348-4996

General support for graduate students

**Graduate and Postdoctoral Studies**: (713) 348-4002

IN AN EMERGENCY, CALL **RICE UNIVERSITY POLICE DEPARTMENT (RUPD)** IMMEDIATELY:

(713) 348-6000 (**24/7**)

For more information, please visit:

http://wellbeing.rice.edu